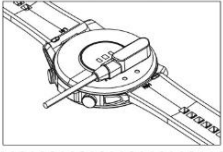
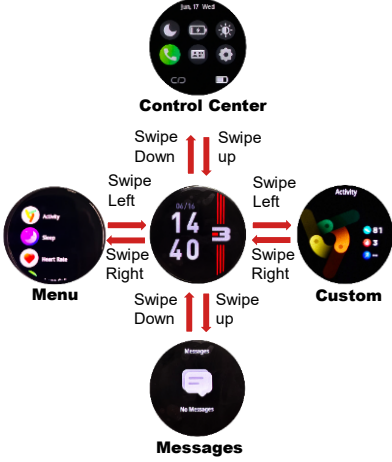


Watch R1	Getting Started	Device Selection	Control Center	Health Tracking	Activity Tracking
  USER MANUAL	Downloading the App Scan the following QR code to download and install the App.  Scan QR Code and Download   Charging and Active Charge the device fully to activate before first use. To charge your device, plug the charging cable into the adapter or USB port on your computer or wall. 	Pairing Open the App and set up your profile Go to the [Device].Click[Add a Device] Choose your device on the scanning list Finish The MAC address on the "Setting"--"About" page could help you identify your device on the scanning list.	Use the Touch Screen 	Phone Call  After connecting your Smart Watch to the phone, you can use the watch to make outgoing calls and answer phone calls. You can also view call history of the watch.  You need to keep the connection between the watch and the phone stable when using the Phone Call function. Heart Rate Test  The Smart Watch can record your heart rate all day. You can also tap on the page to start measuring heart rate. Blood Pressure  Tap on the blood pressure page to start measuring your blood pressure. On the blood pressure page, it will show blood pressure history of previous records.	SpO2 Test  Tap the SpO2 page to start measuring your SpO2 levels. On the SpO2 page, it can show the SpO2 history previous records. Sports  The Smart Watch automatically track Steps taken on the screen. <i>Note: Your movement statistics reset to zero at midnight.</i> Training  Tap the training icon on the menu to start a new training session recording. There are 8 sport modes to be chosen. The last training recording will be shown on the training page. Sleep  If you keep wearing your Smart Watch while sleeping, it can measure the hour sleep and quality of sleep statistics on both the screen and the App. <i>Note: Sleep stats reset to zero at 8:00 PM.</i>
Smart Features	Additional Features	Usage Tips	Specifications	Charging	Safety and Warnings
Player Shutter  After connecting the device, you can remotely control the music player on your phone. Remote Shutter  After connecting the device, you can remotely control the camera on your phone. Message Reminder  The device can sync incoming notifications from Twitter, Facebook WhatsApp, Instagram & other Apps. Recent 5 messages can be stored. <i>Note: You can switch on/off the incoming notifications in the App.</i> Weather  Weather data of current day and tomorrow can be viewed on the weather page. Weather data is synced after connecting with the App, it will not be updated after a long disconnected.	Period Reminder  Click on the Cycle Reminder in through the management cycle to predict victory cycles. On the period reminder page, the history of previous period re data. Other Features  Other features include Stop Alarm, Timer, Word clock, Find Settings, etc. Movement Reminder  The device will vibrate to rem to take relaxation after 1 hour sitting. <i>Note: You can switch the feat on/off in the APP.</i> Water Intake Reminder  The smart watch will remind y drink Water at the planned in <i>Note: You can set the feature the APP.</i>	Getting to know your Device 1.Using in wet conditions Your Device is water- resistant, which means it is rain proof and splash-proof can withstand the sweatiest workout. <i>Note: we do not recommend swimming with your smart Watch or showering with it. Although the water won't hurt the device wearing it 24/7 does not give your skin a chance to breathe. Whenever you get your bracelet wet dry it thoroughly before putting it back on.</i> 2.Using Quick View With Quick view you can check the time or message from your phone on your Smart Watch without tapping. Just turn your wrist towards you and the time screen will appear for a few second.	General info & Specifications 1.Environmental Conditions Operating temperature: 14°F to 122°F(-10°C to 50°C) Non-operating temperature: -4°F to 140°F(-20°Cto 60°C) 2.Wrist size Fits a wrist between 5.5 and 7.7 inches in circumference 3.Disposal and Recycling Please kindly be aware that it is the consumer's responsibility to properly dispose and recycle the Smart Watch and accompanying components. Do not dispose the Smart Watch with common household waste, as it is considered electronic waste and should be disposed of at your local electronic equipment collection facility For more information, please contact your local electronic equipment waste management authority or the retailer where you bought the product. Safety warnings Important Safety Information: Handle the Smart Watch with care. They contain sensitive electronic components, including batteries, and may malfunction, affect performance, or cause damage if dropped, burned, punctured, crushed, disassembled, or exposed to excessive heat, liquid, or high-pressure environments. concentrations of industrial	Chemicals, including nearly evaporated liquified gases such as helium. Important Safety Information: Handle the Smart Watch with care. Do not use the Smart Watch if it is damaged. Batteries: Do not try to replace the battery of the Smart Watch by yourself. Charge: Charge the Smart Watch with the charging cable and a power adapter or a computer that meets relevant national, international and regional safety standards and their use to charge the Smart Watch may present the risk of injury. Using damaged cables or chargers, or charging the device if they are wet, may cause fire, electric shock, injury, or damage to the watch or other belongings. Avoid prolonged exposure to heat, prolonged skin contact with the device, power adapter, charging cable and its connector, or the wireless charger when connected to a power source, as this may cause discomfort or injury Choking hazard: The Smart Watch and its small parts included may present a choking hazard to small children or cause other injuries. Please keep away from children.	Extra Caution The Smart Watch and charger contain components and radios that emit electromagnetic fields. These electromagnetic fields and magnets may interfere with the operation of pacemakers, defibrillators, or other medical devices. Keep a safe distance between the medical device and the Smart Watch. Stop using the Smart Watch if you suspect it is interfering with your pacemaker, defibrillator, or other medical device. Skin irritations: The Smart Watch can cause skin irritation if not cleaned properly. Regularly clean the Smart Watch with a soft, lint-free cloth. In the event of any type of skin reaction, stop using the Smart Watch. If the problem persists, see your doctor. When using the Smart Watch in areas where the air is very dry, it is easy to accumulate static electricity, so you may feel a small electrostatic discharge from the Smart Band on your wrist. To minimize this risk, avoid using the Smart Band in extremely dry environments, or touch a grounded, unpainted metal object before putting on the Smart Watch. Discoloration of the connector and the bottom of the Smart Watch after continued use is considered normal. Dirt, debris, and exposure to moisture could cause discoloration and is a normal wear & tear occurrence.